

**OBLIVION**  
*Allstars*

Est  
2012

# OBLIVION ALLSTARS

SEASON 14!



[OBLIVIONALLSTARS.COM](http://OBLIVIONALLSTARS.COM)

. TWO LOCATIONS . COMPETITIVE CHEER . RECREATIONAL CHEER . 1-2-1 LESSONS .

# ALL ABOUT OBLIVION ALLSTARS

THE 2025-2026 SEASON IS OUR 14TH SEASON! OUR OA FAMILY IS ONE OF THE TOP CHEERLEADING PROGRAMMES IN THE COUNTRY. WE FOCUS ON BEING A PLACE TO START YOUR CHEERLEADING CAREER AS WELL AS CONCENTRATING ON OUR ELITE & INTERNATIONAL TEAMS AND PREPARING THOSE TEAMS FOR THE HIGHEST LEVEL AND MOST PRESTIGIOUS COMPETITIONS IN THE INDUSTRY.

AT OA, WE PRIDE OURSELVES ON THE FUN, HARDWORKING & POSITIVE ATMOSPHERE INSIDE OUR GYMS AND THE LIFE LESSONS CHEERLEADING HAS TAUGHT OUR ATHLETES OVER THE PAST 13 YEARS HAS LASTED WELL INTO ADULthood. FRIENDS ARE FORMED THAT LAST A LIFETIME BY NOT ONLY THE ATHLETES AT OUR GYM BUT BETWEEN THE FAMILIES INVOLVED TOO.

WE ARE EXCITED TO EMBARK ON OUR 14TH SEASON HERE AT OA AND WE THANK YOU FOR CHOOSING OBLIVION ALLSTARS.

OBLIVION ALLSTARS WAS FOUNDED IN 2012 BY MIKE SMITH AFTER STARTING HIS CHEERLEADING CAREER BACK IN HIGH SCHOOL IN 2006.

OBLIVION ALLSTARS MADE DUNMOW THEIR PERMANENT HOME OPENING THE CENTRE OF EXCELLENCE GYM IN 2014. IN 2022 OA BRANCHED OUT AND INTRODUCED THEIR SUFFOLK LOCATION WHICH WE ARE REALLY PROUD TO HAVE ON BOARD.

OA IS HOME TO HUNDREDS OF ATHLETES FROM ALL OVER ESSEX, SUFFOLK & THE SURROUNDING COUNTIES, OFFERING COMPETITIVE CHEERLEADING TEAMS RANGING ACROSS ALL LEVELS AND AGE GROUPS.

OUR COACHING STAFF STRIVE TO DEVELOP OUR ATHLETES TO BE COMMITTED, PUNCTUAL, POLITE, PASSIONATE AND HARD-WORKING. TO KEEP IN LINE WITH OUR VALUES, MEMBERS OF OBLIVION ALLSTARS ARE ONLY PERMITTED TO CHEER ON OBLIVION ALLSTARS TEAMS WITH THE EXCEPTION OF THEIR SCHOOL/UNIVERSITY TEAMS. WE PRIDE OURSELVES ON THE LESSONS LEARNT THROUGH CHEERLEADING.



## .LIFE LESSONS.

OBLIVION ALLSTARS TRAINS ATHLETES TO DEVELOP LIFE SKILLS SUCH AS DISCIPLINE, HARDWORKING, GOAL SETTING, TIME MANAGEMENT AND ACCOUNTABILITY. WE PRIORITISE TEAMWORK AND BELIEVE IN BUILDING CONFIDENCE THROUGH SUPPORT, ENCOURAGEMENT AND FRIENDSHIPS IN A SAFE ENVIRONMENT THAT PROMOTES PHYSICAL AND EMOTIONAL GROWTH IN ATHLETES.

## .DISCIPLINE.

HARD WORK, AIMS, TIME MANAGEMENT AND ACCOUNTABILITY ARE PILLARS IN OUR TRAINING. WE CAN ACHIEVE ANYTHING WE SET OUR MINDS TO AND THAT SUCCESS IS ALWAYS WITHIN TOUCHING DISTANCE WHEN WE FOCUS ON OUR GOALS AND STAY DEDICATED TO THEM.

## .TEAMWORK.

I.T.O.T, OUR SLOGAN AND WHAT WE DRILL INTO ALL OUR TEAMS. IN TOGETHER, OUT TOGETHER. CHEERLEADING IS A SPORT WHERE EVERYONE IS IMPORTANT AND VALUED. EACH ATHLETE IS VITAL TO THE SUCCESS OF THE TEAM AND ROUTINES WE PUT OUT. WE ALL WORK TOGETHER, WE GO INTO IT TOGETHER AND WE COME OUT OF IT TOGETHER. BECAUSE TOGETHER WE ACHIEVE MORE.

## .CONFIDENCE.

BUILDING CONFIDENCE WITHIN ATHLETES IS A PRODUCT OF HARD WORK AND ENCOURAGEMENT. AT OA WE CREATE AN ENVIRONMENT WHICH ENCOURAGES PHYSICAL AND EMOTIONAL GROWTH THROUGH THE SUPPORT OF TEAMMATES, COACHES AND PARENTS. CONFIDENCE IS KEY.

# TEAM EVALUATIONS

## WHAT TO EXPECT FROM EVALUATIONS.

EACH ATHLETE WILL NEED TO ATTEND A TRYOUT IN ORDER TO BE PLACED ON A TEAM AT OA FOR THE UPCOMING 2025-2026 SEASON. THE EVALUATIONS WILL TAKE PLACE IN GROUPS DETERMINED BY THE ATHLETES AGE. THE ATHLETES WILL BE ASKED TO SHOW THEIR CURRENT SKILL SET AND BE EVALUATED ON THE FOLLOWING: JUMPS, CHOREOGRAPHY, STANDING TUMBLING, RUNNING TUMBLING & STUNTING (ALL OF WHICH WILL BE DEMONSTRATED AND TAUGHT THROUGHOUT THE ATHLETES TRYOUT SESSION). OBLIVION ALLSTARS AIM TO WORK WITH ATHLETES OF ALL ABILITIES TO DEVELOP CURRENT SKILLS AND GAIN NEW SKILLS THROUGHOUT THE SEASONS. NO MATTER YOUR ABILITY, OBLIVION ALLSTARS WILL ALWAYS PROVIDE A PLACE ON A TEAM FOR EVERYONE.

TEAM RESULTS WILL BE POSTED ON OUR WEBSITE, FACEBOOK AND INSTAGRAM ON MONDAY 14TH JULY 2024.



# OA SEASON 14

EVALUATION DATES: 7TH-11TH JULY 2025

- 7TH JULY 2025 ESSEX  
4:30PM-6:30PM Athletes born between 2017-2021
- 7TH JULY 2025 ESSEX  
7:00PM-9:00PM Athletes born between 2011 - 2016
- 8TH JULY 2025 IPSWICH  
5:00PM-7:00PM All Athletes born 2020 and earlier
- 9TH JULY 2025 ESSEX  
7:00PM-9:00PM All Athletes born 2010 or earlier
- 14TH JULY 2025 ESSEX  
7:30PM-9:00PM International Call Backs (Invitation)

# OA SEASON 14

## KEY INFORMATION

### ESSEX

Unit 17B Ongar Road Trading Estate, Ongar Road, Great Dunmow.

### SUFFOLK

Gainsborough Sports & Community Centre, 5 Brazier's Wood Road, Ipswich

## REGISTERING FOR EVALUATIONS

Athletes must have pre registered for their Evaluation. This can be done via our website on the link below: [www.oblivionAllstars.co.uk/tryouts](http://www.oblivionAllstars.co.uk/tryouts)

## EVALUATION FEE'S

A fee of £20 per athlete will need to be paid at the reception for all pre registered athletes. Anyone who arrives unregistered will need to pay £25 for their evaluation

# OA SEASON 14

## KEY INFORMATION CONT..

### CAN'T MAKE EVALUATIONS?

Every Athlete wishing to be part of OA for the 25-26 season must have an evaluation. If you are unable to attend your evaluation date you are welcome to submit a video tryout or arrange with our staff to attend another date.

### ON THE DAY

On the day of your evaluation you should be wearing sports wear ie shorts/leggings & tshirt as well as have a water bottle, your evaluation fee with you. Everyone makes a team at OA so have fun and be confident!

### TEAM PLACEMENTS

Our team placements will be announced on our social media platforms & website on Wednesday 16<sup>th</sup> July 2025. You must confirm your placement by 18<sup>th</sup> July 2025 by emailing [oacheer@gmail.com](mailto:oacheer@gmail.com).

## WHAT WE OFFER.

- ALLSTAR COMPETITIVE CHEER TEAMS
- NOVICE & PREP CHEER TEAMS
- EUROPEAN TRAVEL TEAMS
- INTERNATIONAL (WORLDS) TRAVEL TEAM
- RECREATIONAL CHEER TEAMS
- NON TUMBLE CHEER TEAMS
- WEEKLY TUMBLE CLASSES
- TUMBLE CLINICS (SPECIFIC TO SKILLS)
- 1-2-1 PRIVATE TUMBLE & STUNT LESSONS
- HALF TERM/HOLIDAY CAMPS
- OPEN GYM SESSIONS
- PARTNER STUNT CLASSES
- BIRTHDAY PARTIES
- PRIVATE FACILITY HIRE

# OUR FACILITIES

OUR TRAINING FACILITIES ARE DESIGNED TO AID THE DEVELOPMENT OF OUR ATHLETES IN ALL AREAS OF CHEERLEADING.

OUR PURPOSE BUILT GYM LOCATED IN GREAT DUNMOW, ESSEX OFFERS A FULL SIZE 9 PANEL SPRUNG FLOOR, 6M TRAMPOLINE TRACK, 15M AIR TRACK, 12M INFLATABLE TRACK, FOAM PIT, A VARIETY OF TRAINING AIDS AND LANDING MATS AS WELL VIDEO PLAYBACK. THE GYM ALSO OFFERS A WAITING ROOM AND KITCHEN AREA FOR PARENTS AND ATHLETES .

OUR SUFFOLK LOCATION OFFERS A 7 PANEL FLOOR WITH A 12M AIR TRACK, 6M INFLATABLE TRACK AND A VARIETY OF TRAINING AIDS AND LANDING MATS.

ESSEX:

UNIT 17B ONGAR ROAD TRADING ESTATE, ONGAR ROAD, GREAT DUNMOW, ESSEX, CM61EU.

SUFFOLK:

GAINSBOROUGH LEISURE CENTRE, BRAZIER'S WOOD ROAD, IPSWICH, SUFFOLK IP30SP.



## .RECREATIONAL CHEERLEADING.

RECREATIONAL CHEERLEADING SESSIONS AT OA HAVE PROVEN TO BE A FANTASTIC PLACE TO START YOUR CHILD CHEERLEADING. THESE SESSIONS WHILST BEING PACKED WITH FUN ARE A GREAT WAY FOR ATHLETES TO GAIN CONFIDENCE IN A NEW SPORT, SOCIALISE AND MEET NEW FRIENDS WHILST LEARNING ALL THE SKILLS AND VALUES THAT WOULD SET THEM UP NICELY FOR A COMPETITION TEAM WHEN THE TIME IS RIGHT FOR THEM.

OUR RECREATIONAL TEAM DON'T COMPETE, HOWEVER THEY DO ATTEND OUR ANNUAL SHOWDOWN IN JANUARY WHERE THEY CAN SEE ALL THE COMPETITION TEAMS AND IS A REAL EYE OPENER FOR WHAT THEY CAN ACHIEVE WITH HARD WORK AND DETERMINATION FURTHER DOWN THE LINE.

## .COMPETATIVE CHEERLEADING.

COMPETITIONS ARE AN INTEGRAL PART OF OUR PROGRAMME AND WE PROVIDE THE BEST TRAINING IN ORDER TO ACHIEVE THE GREATEST RESULTS. WE AIM TO COVER A VARIETY OF REGIONAL AND NATIONAL EVENTS THROUGHOUT THE YEAR AND IT IS ESSENTIAL THAT YOU ARE ABLE TO MAKE ALL COMPETITIONS IF YOU WOULD LIKE A PLACE ON A COMPETITIVE TEAM. IF YOU ARE UNABLE TO COMMIT TO COMPETITIONS, WE ALSO PROVIDE RECREATIONAL TEAMS.

## .BIRTHDAY PARTIES & FACILITY HIRE.

OUR FACILITIES ARE PERFECT TO HOST CHILDREN'S BIRTHDAY PARTIES. WITH OVER 3500 SQ FT OF INDOOR SPACE, A SPRUNG FLOOR/FLEXI ROLL MAT FLOOR, AIR TRACKS, BOUNCY CASTLE AND TABLE & CHAIR SPACE FOR THE MOST IMPORTANT PART OF A PARTY.. FOOD & CAKE! HAVE YOURSELF A CHEERLEADING SPECIFIC PARTY OR GAMES DAY AT OBLIVION ALLSTARS. TO ENQUIRE ABOUT YOUR CHILD'S BIRTHDAY PARTY HERE AT OA GET IN CONTACT WITH US AT: [OACHEER@GMAIL.COM](mailto:OACHEER@GMAIL.COM).

THE GYM HAS OVER 3500 SQ FT OF INDOOR SPACE. WHETHER YOUR PRIVATE HIRE NEEDS ARE FOR THE USE OF THE SPRUNG FLOOR AND THE CHEERLEADING EQUIPMENT, GYMNASTICS CLASS, A SPACE FOR YOGA, FITNESS CLASSES, MARTIAL ARTS OR A LARGE MEETING SPACE OR FUNCTION THE GYM IS A GREAT SPACE FOR ALL NEEDS.

IF YOU WOULD LIKE TO HIRE THE SPACE FOR AN EVENT PLEASE GET IN CONTACT WITH US AT: [OACHEER@GMAIL.COM](mailto:OACHEER@GMAIL.COM).

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# ATTENDANCE & EXPECTATIONS

CHEERLEADING REQUIRES FULL COMMITMENT FROM ATHLETES, PARENTS AND COACHES AS GOOD ATTENDANCE IS VITAL FOR THE SUCCESS OF ALL TEAMS. DUE TO THE NATURE OF THE SPORT, A TEAM RELIES ON ALL ATHLETES FOR ALL ASPECTS OF CHEERLEADING. IT IS CRUCIAL THAT OUR COMPETITIVE TEAM ATHLETES ATTEND ALL TRAINING SESSIONS AND ARE FULLY COMMITTED TO ALL COMPETITION AND SHOWCASE DATES.

## THE FOLLOWING GUIDELINES APPLY TO ALL MEMBERS OF OUR PROGRAM:

ALL ATHLETES MUST ATTEND THEIR TEAM TRAINING SESSION IN THEIR 2025-2026 PRACTICE WEAR.

COACHES MUST BE MADE AWARE OF ANY SESSIONS THAT WILL BE MISSED BY AN ATHLETE WITH AS MUCH PRIOR NOTICE AS POSSIBLE.

IF AN ATHLETE IS ILL, WE REQUEST THAT THE ATHLETE STILL ATTENDS AND OBSERVES THE SESSION IN CASE OF ROUTINE CHANGES. (IF AN ATHLETE IS TOO UNWELL TO ATTEND THE SESSION COACHES MUST BE MADE AWARE OF THIS WITHIN AT LEAST 4 HOURS BEFORE THE SESSION).

WE EXPECT ALL ATHLETES TO ARRIVE TO THEIR SESSION AT LEAST 5 MINUTES BEFORE THE START TIME TO ALLOW TIME FOR THE TEAMS TO GET CHANGED, SETTLED AND REGISTERED. PUNCTUALITY IS VITAL FOR THE SMOOTH RUNNING OF OUR PROGRAM.

ALL COMPETITION ATHLETES MUST ATTEND THE LAST 3 SESSIONS ON THE LEAD UP TO A COMPETITION. IF AN ATHLETE MISSES ONE OF THESE SESSIONS THEY WILL BE REPLACED ON THE TEAM FOR THAT UPCOMING COMPETITION.

AN ATHLETE WITH POOR ATTENDANCE CAUSING DISRUPTION WITHIN A TEAM WILL BE REMOVED FROM THE TEAM AT THE COACHING STAFF DISCRETION.

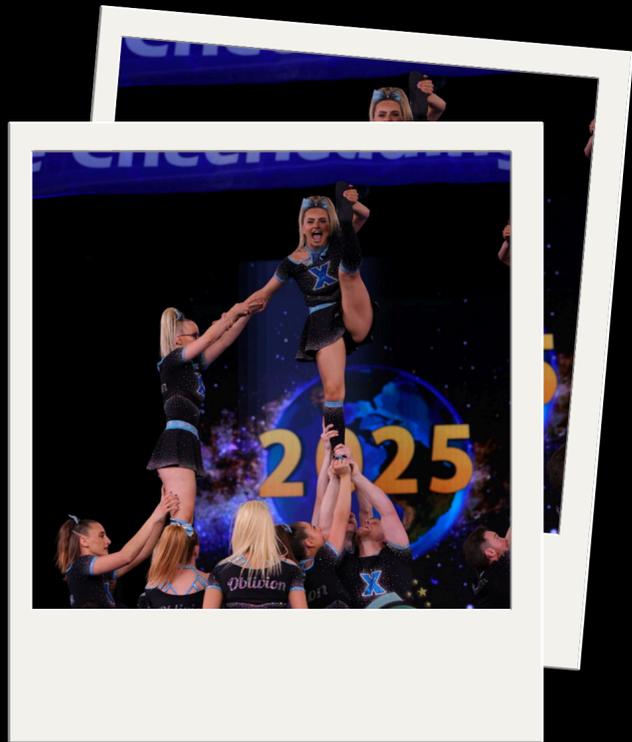


**EXCUSED ABSENCES** - SCHOOL TRIP/SCHOOL EVENT OR GRADING - ILLNESS WHICH INCLUDES FEVER, CONTAGIOUS INFECTION OR VOMITING - FAMILY BEREAVEMENT/WEDDING.

**UNEXCUSED ABSENCES** - PARTIES OR FAMILY CELEBRATIONS - HOMEWORK OR REVISION - VACATIONS/DAY TRIPS OUTSIDE OF SCHOOL HOLIDAYS.

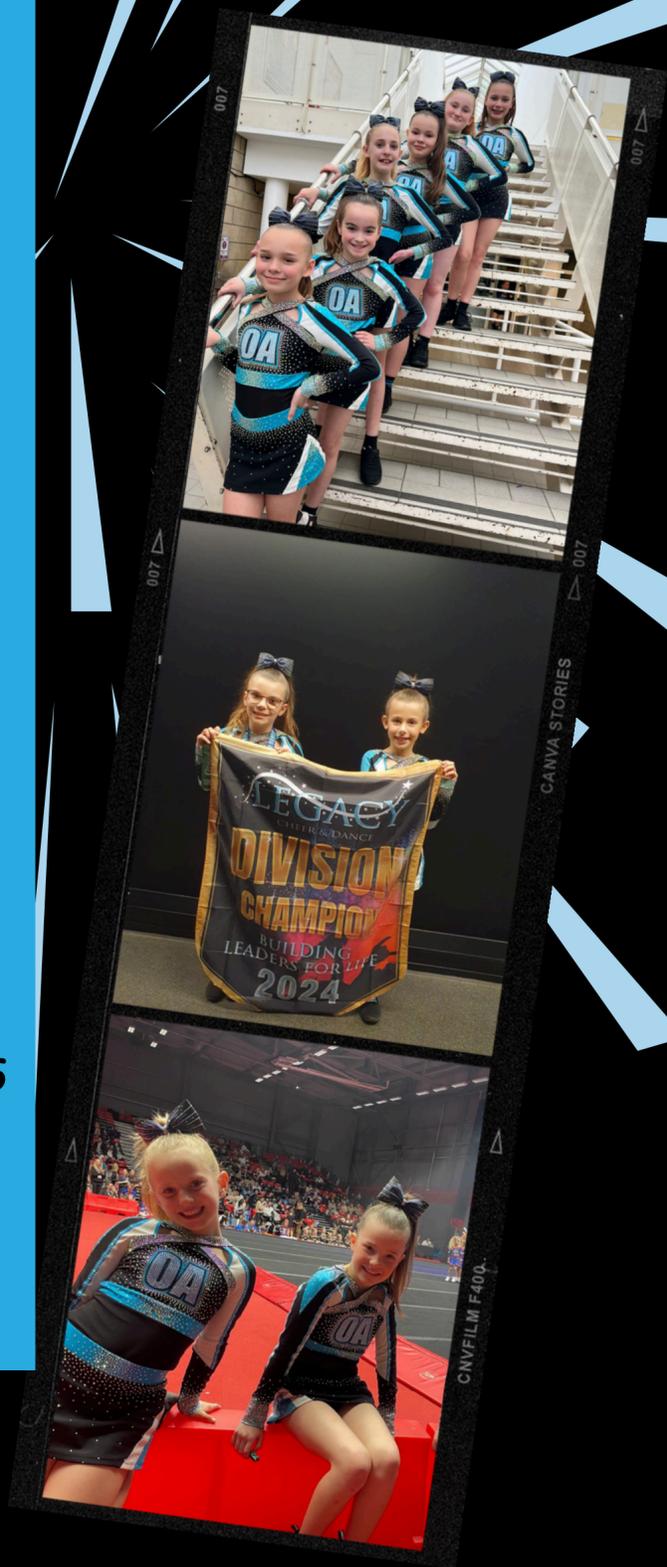
YOU CAN SEE A LIST OF OUR GYM CLOSURE DATES ON OUR SEASON 2025-2026 CALENDAR.

# TEAMS FOR THE 2025-2026 SEASON



**ESSEX LOCATION:**  
TEACUPS - NOVICE CHEER  
RUSH - IUTOS PREP LEVEL 1  
NEMESIS - IUT2S LEVEL 1  
STEALTH - IUT2S LEVEL 2  
(AMSTERDAM TEAM)  
AXIS - SENIOR NT LEVEL 3  
VORTEX - ICU16S COED LEVEL 4  
(CANADA TEAM)  
SWARM - ICU16S LEVEL 4  
(PORTUGAL TEAM)  
X - INTERNATIONAL OPEN COED LEVEL 5  
X - SENIOR COED LEVEL 5

**SUFFOLK LOCATION:**  
VENGEANCE - IUT2S PREP LEVEL 1



# PROVISIONAL SESSION TIMETABLE FOR 2025-2026 SEASON

DAY	TIME	CLASS	COACH
MONDAY	4:15PM-5:15PM	RUSH & TEACUPS TUMBLE	MACARTHY & ASH
MONDAY	5:15PM-7:00PM	RUSH	MACARTHY & MIKE
MONDAY	7:00PM-8:00PM	NEMESIS TUMBLE	MACARTHY & ASH
TUESDAY	4:45PM-6:00PM	STEALTH	CHARLOTTE, MACEY & MIKE
TUESDAY	5:45PM-7:30PM	NEMESIS	CHARLOTTE, MACEY & MIKE
TUESDAY	7:15PM-9:00PM	AXIS	CHARLOTTE & MACEY

DAY	TIME	CLASS	COACH
WEDNESDAY	5:00PM-6:45PM	SWARM	MIKE & CHARLOTTE
WEDNESDAY	7:00PM-8:45PM	X - A	MIKE
THURSDAY	5:00PM-6:45PM	VORTEX	MIKE & CHARLOTTE
THURSDAY	7:00PM-8:45PM	X - B	MIKE
FRIDAY	5:30PM-6:30PM	TEACUPS (NOVICE CHEER)	SAM & VIOLET
FRIDAY	6:00PM-8:15PM	STEALTH	MIKE, MADI & TOM
FRIDAY	6:30PM-8:15PM	AXIS	SAM
SUNDAY (BI WEEKLY)	12:00PM-2:00PM	SWARM	MIKE & CHARLOTTE

# TRAINING FEES FOR THE 2025-2026 SEASON

TEAM	MONTHLY TRAINING FEES
VENGEANCE	£55
TEACUPS	£30/£48
RUSH	£67
STEALTH	£85
NEMESIS	£67
SWARM	£85
AXIS	£85
VORTEX	CROSSOVER FEE ONLY
X	£85

#### .CROSSOVER FEE.

IF YOU ARE IN A CROSS OVER/ADDITIONAL CHEERLEADING TEAM IT IS AN ADDITIONAL £28.00 PER MONTH WHICH WILL NEED TO BE ADDED TO YOUR MONTHLY FEE'S.

#### .SIBLING DISCOUNT.

SIBLING DISCOUNT - WE WILL BE CONTINUING OUR SIBLING DISCOUNT AGAIN THIS SEASON. THE SIBLING DISCOUNT WILL BE FULL PRICE FOR YOUR FIRST CHILD AND 20% OFF FOR YOUR SECOND CHILD'S FEES.

#### .PAYMENT DETAILS.

'OBLIVION ALLSTARS'

SORT CODE: 60-05-13

ACCOUNT NUMBER: 20208332

PLEASE ENSURE WHEN SETTING UP YOUR STANDING ORDER YOU REFERENCE THE ATHLETES NAME ONLY, FOR EXAMPLE: 'WILLIAM CARTER'

ALL ATHLETES ARE EXPECTED TO PAY THEIR FEE'S ON TIME AND IN FULL. TRAINING FEE'S ARE AVERAGED OUT ACROSS THE 12 MONTHS OF THE YEAR AND WILL BE PAID ON A MONTHLY BASIS DUE IN ON THE 1ST OF EACH MONTH STARTING 1ST AUGUST 2025 AND FINISHING ON 1ST JULY 2026.

NEW ATHLETES SHOULD PAY A ONE OFF JULY 2025 PAYMENT FOR THEIR SUMMER SESSION AND THEN SET UP FROM AUGUST 2025-JULY 2026.

PAYMENTS MUST BE PAID VIA DIRECT DEBIT. WE DO NOT ACCEPT WEEKLY PAYMENTS OR ANY FORM OF PAYMENT OTHER THAN DIRECT DEBIT.

THERE ARE NO 'SPECIAL CIRCUMSTANCES' FOR ANY ATHLETES AND WE EXPECT THAT FEE'S ARE PAID IN FULL REGARDLESS OF ATTENDANCE.

FEES MUST BE PAID ON THE 1ST OF EVERY MONTH. THERE WILL BE AN ADDITIONAL £10 ON ANY OWED FEES FROM THE 2ND OF EACH MONTH ONWARDS, ATHLETES ARE FORBIDDEN TO JOIN IN TRAINING OR ANY UPCOMING EVENTS IF FEES ARE NOT PAID UP TO DATE. ALL COMPETITION FEE'S, COMPETITION KIT AND MEMBERSHIP FEE'S ARE NON REFUNDABLE.

# THE COMPETITIONS FOR THE 2025-2026 SEASON

## TEACUPS

- OA SHOWDOWN
- ICC SOUTHERN JAM

## RUSH

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- ICC SOUTHERN JAM

## VENGEANCE

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- FUTURE CHEER NATIONALS

## STEALTH

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- ICC NATIONALS
- FUTURE CHEER AMSTERDAM
- FUTURE CHEER NATIONALS

## NEMESIS

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- ICC SOUTHERN JAM

## VORTEX

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- ICC SOUTHERN JAM
- AIA CANADA

## SWARM

- OA SHOWDOWN
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- FUTURE CHEER NATIONALS
- EUROPEAN SUMMIT

## AXIS

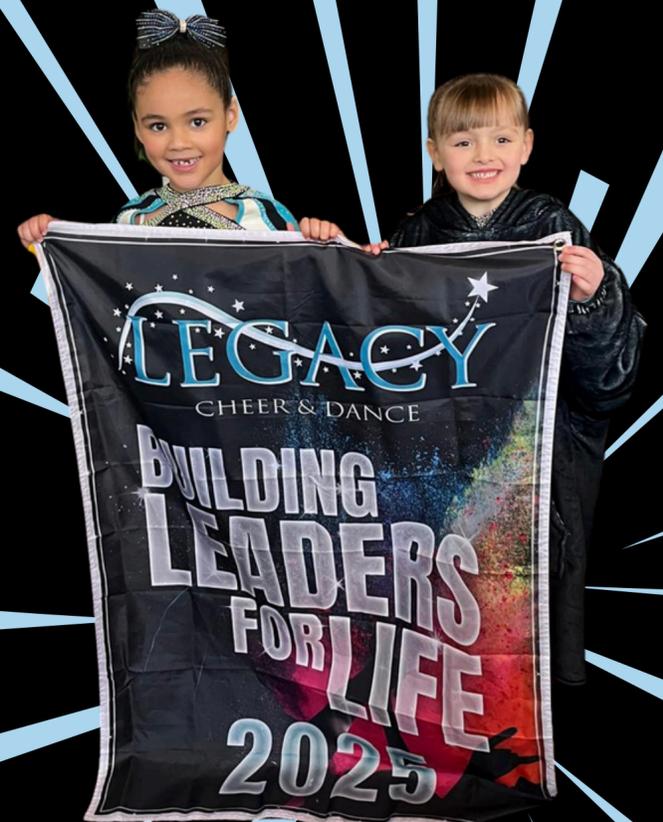
- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- ICC NATIONALS
- FUTURE CHEER NATIONALS

## X - IOSCS (BID TEAM)

- OA SHOWDOWN
- FUTURE CHEER SPOTLIGHT SHOWDOWN
- ICC NATIONALS
- FUTURE CHEER NATIONALS
- JAMFEST EUROPE

## X- SENIOR OPEN COED 5

- OA SHOWDOWN
- ICC SOUTHERNS PT 2
- ICC NATIONALS
- ICC SOUTHERN JAM



# THE COMPETITIONS FOR THE 2025-2026 SEASON

OA SHOWDOWN  
25<sup>TH</sup> JANUARY 2026  
DUNMOW LEISURE CENTRE.

ICC SOUTHERNS  
CHAMPIONSHIPS  
7<sup>TH</sup> & 8<sup>TH</sup> FEBRUARY 2026  
THE GUILDFORD SPECTRUM,  
GUILDFORD.

FUTURE CHEER SPOTLIGHT  
SHOWDOWN  
14<sup>TH</sup> & 15<sup>TH</sup> MARCH 2026  
ESSEX UNIVERSITY, ESSEX.

ICC BRITISH OPEN  
28<sup>TH</sup> & 29<sup>TH</sup> MARCH 2026  
TELFORD INTERNATIONAL CENTRE,  
INTERNATIONAL WAY, TELFORD,  
TF3 4JH.

FUTURE CHEER AMSTERDAM  
23<sup>RD</sup>-24<sup>TH</sup> MAY 2026

ICC SOUTHERN JAM  
13<sup>TH</sup>-14<sup>TH</sup> JUNE 2026  
GUILDFORD,

JAMFEST EUROPE  
6<sup>TH</sup> & 7<sup>TH</sup> JUNE,  
MANCHESTER  
CENTRAL, WINDMILL  
ST, MANCHESTER,  
M2 3GX.

EUROPEAN SUMMIT  
20<sup>TH</sup>-21<sup>ST</sup> JUNE 2026  
LISBON, PORTUGAL.

FUTURE CHEER NATIONALS  
26<sup>TH</sup>, 27<sup>ST</sup> & 28<sup>TH</sup> JUNE 2026  
BOURNEMOUTH INTERNATIONAL  
CENTRE,  
BOURNEMOUTH.

AIA GLOBAL - CANADA  
16<sup>TH</sup>-20<sup>TH</sup> JULY 2026



# TRAVEL TEAMS

TRAVEL TEAMS ARE A HUGE PART OF OUR PROGRAMME AND HAVE BEEN SINCE 2015 WHERE WE TOOK OUR FIRST TEAM ABROAD. WE HAVE BEEN FORTUNATE ENOUGH TO HAVE BEEN AWARDED WORLDS BIDS FOR OVER 10 YEARS! IN ADDITION, WE HAVE TAKEN TEAMS TO BARCELONA AS WELL AS U.S EVENTS INCLUDING UCA, SUMMIT AND THE CHEERLEADING WORLD CHAMPIONSHIPS IN ORLANDO, FLORIDA.

WE ARE DEVELOPING OUR TRAVEL TEAMS TO INCLUDE YOUNGER AGE GROUPS GIVING THEM THE OPPORTUNITY TO EXPERIENCE COMPETITIONS OVERSEAS AT THE LOWER LEVELS IN CHEER INCLUDING TEAMS IN THE UNDER 12S & UNDER 16S DIVISIONS.

TEAM X WILL BE HEADING OUT TO MONTREAL CANADA FOR THE AIA GLOBAL TOURNAMENT IN JULY.

VORTEX WILL ALSO BE HEADING OUR TO THE EUROPEAN SUMMIT IN LISBON, PORTUGAL & AIA GLOBAL TOURNAMENT IN MONTREAL, CANADA IN JULY 2026. STEALTH WILL BE GOING OVER TO AMSTERDAM TO COIMPETE IN MAY.

THESE TRIPS ARE NOT ONLY AN AMAZING OPPORTUNITY FOR OUR ATHLETES TO COMPETE OVERSEAS AGAINST INTERNATIONAL COMPETITION BUT TO ENJOY BONDING AS A TEAM AND CREATING MEMORIES WHICH WILL STICK WITH, NOT ONLY THE ATHLETES BUT THE PARENTS & FAMILIES OF THE ATHLETES FOR YEARS TO COME.



TEAM STEALTH - AMSTERDAM 2026  
DATES 23RD MAY 2026  
EXPECTED TRIP COST PP - £TBC  
EXPECTED ENTRY FEE PP - £TBC

TEAM VORTEX PORTUGAL 2026  
DATES 20TH-21ST JUNE 2026.  
EXPECTED TRIP COST PP - TBC  
EXPECTED ENTRY FEE PP - TBC

TEAM SWARM - CANADA 2026  
DATES 16TH - 20TH JULY 2026  
EXPECTED TRIP COST PP - £1400  
EXPECTED ENTRY FEE PP - 275 CAN  
APPROX MUSIC COSTS PP - £15

TEAM X - CANADA 2026  
DATES 16TH - 20TH JULY 2026  
EXPECTED TRIP COST PP - £1400  
EXPECTED ENTRY FEE PP - 275 CAN  
APPROX MUSIC COSTS PP - £15

WE WILL BE ASKING ALL ATHLETES/PARENTS ATTENDING THEIR TRIPS TO PAY A £100 DEPOSIT ON 01/08/2024 FOR WORLDS ATHLETES TO SECURE OUR TRIP.

ALL INFORMATION MOVING FORWARD FOR THESE TEAMS WILL BE ISSUED IN GROUP WHATSAPP CHATS.

# MEMBERSHIP PACK & COMPETITIVE ATHLETES UNIFORM

THE OBLIVION ALLSTARS MEMBERSHIP PACK IS COMPULSORY FOR ALL MEMBERS AT OA. IT IS DESIGNED TO ENSURE ALL OA MEMBERS FROM RECREATIONAL CHEERLEADING THROUGH TO OUR ELITE LEVEL ATHLETES LOOK UNIFIED AT EVENTS AND IN TRAINING. EVERY ATHLETE THAT BECOMES A MEMBER FOR THE 2025-2026 SEASON WILL BE REQUIRED TO PURCHASE THE MEMBERSHIP PACK WHICH INCLUDES COSTS FOR INSURANCE, MUSIC AND THE FOLLOWING ITEMS: NEW SEASON TSHIRT & OA SEASON 14 HOODIE.

THE COST OF THE MEMBERSHIP PACK IS £110 PER MEMBER.



EVERY COMPETITIVE ATHLETE WILL NEED A COMPETITION UNIFORM.

WE HAVE ONE UNIFORM FOR THE TINY, MINI & YOUTH TEAMS WITHIN THE PROGRAMME, ONE UNIFORM FOR THE JUNIOR & SENIOR TEAMS WITHIN THE PROGRAMME AND ONE FOR OUR WORLDS TEAM.

AS A NEW MEMBER AT OA YOU WILL NEED TO PURCHASE A COMPETITION UNIFORM (ONLY IF YOU ARE A COMPETITION CHEERLEADER). COMPETITION UNIFORMS NEW ARE £180. FEMALE ATHLETES YOU WILL NEED TO PURCHASE A COMPETITION BOW TOO, THESE COST £15.

(WE DO HAVE SOME ATHLETES THAT WILL BE SELLING SECOND HAND KITS SHOULD YOU WISH TO PURCHASE ONE OF THESE WE WILL HOST A SWAP AND SELL DAY AT THE GYM).

X WILL BE GETTING A NEW TOP THIS SEASON AND VORTEX, STEALTH WILL BE GETTING A NEW KIT TOO.



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# TEAM MUMS AND TESTIMONIALS

EACH SEASON OUR COMPETITIVE CHEERLEADING TEAMS HAVE TEAM MUM'S ASSIGNED TO THEM. OUR TEAM MUM'S ARE THERE TO BE THE FIRST POINT OF CONTACT FOR PARENTS AND/OR ATHLETES FOR THEIR SPECIFIC TEAM. OUR TEAM MUM'S ROLE THROUGHOUT THE SEASON IS TO HELP WITH ARRANGING COMPETITION PAYMENTS WITH THEIR TEAMS, HELPING OUT AT OA EVENTS, SIZING ATHLETES FOR COMPETITION KIT, GATHERING SIZES FOR TRAINING KIT, HANDING OUT COMPETITION TICKETS ETC. IF YOU ARE INTERESTED IN BEING A TEAM MUM FOR THE 2025-2026 SEASON DO LET US KNOW.

“

MY DAUGHTER, LEXIE, JOINED OA 5 YEARS AGO AND HAS NEVER LOOKED BACK. THANKS TO MIKEY AND HIS COACHING STAFF LEXIE HAS IMPROVED SO MUCH SINCE STARTING. IT AMAZES ME TO SEE HOW HER CONFIDENCE, TUMBLING, AND LOVE FOR FLYING KEEPS GROWING YEAR AFTER YEAR. OA HAS PROVIDED SUCH WONDERFUL EXPERIENCES AND MEMORIES THAT LEXIE WILL NEVER FORGET. BEING ABLE TO COMPETE IN BARCELONA AND ORLANDO WAS AN AMAZING OPPORTUNITY AND WE CAN'T THANK MIKEY ENOUGH FOR THESE EXPERIENCES. IT WAS MADE EVEN MORE ENJOYABLE BY SHARING IT WITH LOVELY PEOPLE AND CREATING FRIENDSHIPS FOR BOTH LEXIE AND MYSELF. WE CAN'T WAIT TO SEE WHAT THE NEXT 5 YEARS WILL BRING.

LISA FRANCIS

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“

I HAVE TWO DAUGHTERS AND THIS IS THEIR 6TH SEASON AT OA. I CAN HONESTLY SAY THEY BOTH LOVE IT AND WOULD BOTH BE AT THE GYM EVERY DAY IF THEY COULD. THE COACHES ARE AMAZING AND SO SUPPORTIVE AND EVERY YEAR THE GIRLS PROGRESS AND GAIN MORE SKILLS. THEY HAVE MADE FRIENDS FOR LIFE AND THEIR CONFIDENCE HAS GROWN SO MUCH. BUT IT ISN'T JUST THE GIRLS WHO LOVE CHEER AS A FAMILY WE HAVE MADE GREAT FRIENDS AND WE ALL ENJOY SPENDING TIME WITH OUR OA CHEER FAMILY.

CARLY ALLEN

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“

HAVING HAD BOTH OUR CHILDREN MACEY AND ASTON ATTEND OBLIVION ALLSTARS FOR MULTIPLE SEASONS THEY HAVE BOTH EXCELLED FAR BEYOND WHAT WE THOUGHT POSSIBLE AT THE START OF THIS JOURNEY. MACEY HAS BEEN FORTUNATE ENOUGH TO TAKE PART IN THE OBLIVION ALLSTARS JUNIOR LEADER PROGRAMME WHICH GIVES THE OPPORTUNITY FOR THE RIGHT-MINDED ATHLETES TO PROGRESS INTO COACHING FOR THEMSELVES GUIDED BY THE CURRENT EXPERIENCED COACHES. THE SKILL SET THAT HAS BEEN TAUGHT BY THE EXCELLENT COACHING TEAM HAS SEEN BOTH OF THEM PERFORM AT NATIONAL LEVEL AS WELL AS ON A WORLD STAGE WITH THE PINNACLE BEING COMPETING IN THE USA AGAINST THE BEST IN THE WORLD. THE TRAINING CAN BE TOUGH, AND DISCIPLINE IS STRESSED UPON BY THE COACHING STAFF, BUT THE RESULTS SPEAK FOR THEMSELVES WITH OA OFTEN EXCELLING AT THE COMPETITIONS THAT THEY TAKE PART IN. ALONG THE WAY A WHOLE NEW WIDE AND VARIED FRIENDS SET HAS BEEN FORMED WITH FRIENDSHIPS THAT REMAIN AND CONTINUE OUTSIDE OF THE CHEER WORLD WITH ATHLETES AND COACHES ALIKE FROM THIS AND OTHER CLUBS. THE CHEER FAMILY IS LIKE NO OTHER AND WE WOULD HIGHLY RECOMMEND OBLIVION ALLSTARS AS A GREAT PLACE TO EXCEL SUPPORTED BY A GREAT TEAM OF COACHES AND FELLOW ATHLETES.

AYO & NAT ODEYINGBO

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# TEAM MUMS AND TESTIMONIALS

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OPHELIA JOINED OA IN 2020 AND IS HEADING INTO HER 5TH SEASON AS AN ATHLETE AND JUNIOR COACH. OA HAS GIVEN MY DAUGHTER A SAFE SPACE TO BE ABLE TO PROGRESS AND DEVELOP HER SKILLS AND CONFIDENCE.

OA HAS VARIOUS TRAVEL TEAMS AND THE ATHLETES ARE SUPPORTED IN THEIR ENDEAVOURS TO COMPLETE INTERNATIONALLY. OPHELIA HAS HAD WONDERFUL OPPORTUNITIES DURING HER TIME AT THE CLUB AND HAS COMPETED IN BOTH EUROPE AND AMERICA.

OA IS HER HAPPY PLACE AND SHE HAS DEVELOPED LOVELY FRIENDSHIPS WITHIN A FAMILY ENVIRONMENT. I'M VERY MUCH LOOKING FORWARD TO SUPPORTING OPHELIA AND THE WHOLE CLUB IN THE SEASON AHEAD.

THEA GIBBS

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“

ISAAC HAS BEEN PART OF OA FOR OVER 10 YEARS!! WITHOUT DOUBT HE HAS LOVED EVERY MINUTE OF IT. IT HAS PROVIDED HIM NOT ONLY WITH OPPORTUNITIES TO TRAVEL AROUND THE UK ATTENDING COMPETITIONS BUT ALSO ATTEND THE WORLDS IN FLORIDA!!

I GRANT YOU IT'S NOT BEEN EASY AND THERE ARE PLENTY OF SACRIFICES TO BE MADE ALONG THE WAY FROM ATTENDING TRAINING ON WET, COLD, DARK WINTER NIGHTS TO GETTING TO GUILDFORD FOR A COMP AT 07.15AM ON A SUNDAY MORNING BUT IT'S WORTH IT!

WHY? BECAUSE WITHOUT DOUBT ISAAC HAS MADE FRIENDS I THINK HE WILL HAVE FOR A LIFETIME BUT IT HAS ALSO TAUGHT HIM THE IMPORTANCE OF TEAMWORK, COMMITMENT AND RESILIENCE - ALL GREAT LIFE SKILLS. THERE HAVE BEEN LOTS OF HIGHS (AND SOME LOWS) BUT THE UNWAVERING SUPPORT HE HAS HAD FROM HIS TEAM MATES AND THE COACHES AT OA OVER THE YEARS HAS BEEN THE UNRIVALLED! ROLL ON THE NEXT 10 YEARS!!

SCOTT SMITH

”

“

MADI HAS BEEN WITH OBLIVION ALLSTARS SINCE 2017. HAVING BEEN A COMPETITIVE GYMNAST WHO HAD COMPLETELY LOST HER CONFIDENCE FOLLOWING A SERIOUS ACCIDENT, THE COACHES AT OA GAVE HER BACK HER CONFIDENCE AND SHE HAS NEVER LOOKED BACK.

MADI HAS MADE THE BEST FRIENDS, WHO WILL BE FRIENDS FOR LIFE, THROUGH THEIR SHARED PASSION FOR CHEER. I HAVE ALSO MADE SOME AMAZING FRIENDS WHO I WOULD NEVER HAVE MET IF IT WASN'T FOR OA.

BOTH MADI AND MYSELF HAVE HAD SOME AMAZING EXPERIENCES, TRAVELLING TO BARCELONA AND ORLANDO, COMPETING INTERNATIONALLY WITH AMAZING TEAMS, WHICH WE COULD NOT HAVE EXPERIENCED WITHOUT CHEER. MADI IS DEDICATED TO CHEER AND THIS YEAR HAS BECOME A JUNIOR COACH, WHICH SHE LOVES. CHEER HAS GIVEN MADI CONFIDENCE AND AN AMAZING TEAM ETHIC WHICH IS INVALUABLE.

KAREN BALL

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# ADDITIONAL SESSIONS

## .PRIVATE 1-2-1 SESSIONS.

OUR COACHING STAFF OFFER PRIVATE SESSIONS AS AN EXTRA WAY TO HELP OUR ATHLETES ON TO THE NEXT STAGES OF THEIR DEVELOPMENT. THESE PRIVATE SESSIONS HAVE PROVEN A GREAT WAY FOR ATHLETES TO UPGRADE SKILLS AND WORK TOWARDS TUMBLES THAT MAY BE A HIGHER LEVEL THAN WHAT THEY CURRENTLY COMPETE.

OUR ATHLETES CAN CHOOSE WHICH COACH THEY WOULD LIKE TO HOST THEIR PRIVATE SESSIONS. PRIVATE SESSIONS CAN BE BOOKED ONLY IN BLOCKS OF 5 WEEKS UPFRONT. PLEASE CONTACT US AND LET US KNOW WHICH COACH YOU WOULD LIKE FOR YOUR SESSIONS. (THESE ARE BASED ON A FIRST COME FIRST SERVE BASIS, DEPENDING ON THE COACHES AVAILABILITY.

## .TUMBLE CLINICS.

THROUGHOUT THE SEASON, SPECIFICALLY IN HALF TERMS WE WILL BE HOSTING CLINICS SPECIFIC FOR ATHLETES TO PUSH FORWARDS AND TO GAINING CERTAIN SKILLS. FOR EXAMPLE A BACK HANDSPRING CLINIC WHERE ALL DRILLS AND TRAINING IS AIMED TOWARDS GAINING THAT SPECIFIC SKILLS AND VARIATIONS OF THAT SPECIFIC SKILL OR A FULL TWISTING CLINIC WHERE ANYONE AT THE STAGE OF LEARNING TO TWIST CAN PROGRESS THAT SPECIFIC SKILL. THESE ARE A HUGE HIT WITH OUR PARENTS AND ATHLETES. STAY TUNED ON OUR SOCIAL MEDIA FOR WHICH CLINICS ARE COMING UP THROUGHOUT THE NEW SEASON.

## .HALF TERM/HOLIDAY SESSIONS.

OUR HALF TERMS AND BANK HOLIDAYS AT OA WE HAVE A BREAK FROM OUR REGULAR WEEKLY SCHEDULE. HOWEVER AFTER A LOT OF REQUESTS AND INTEREST FROM PARENTS TO HOST ADDITIONAL SESSIONS WE WILL BE ADDING TUMBLE SPECIFIC CLINICS AND OPEN GYMS TO THE PROGRAMME DURING THE HALF TERM BREAKS. THESE SESSIONS WILL BE SUITABLE FOR OA MEMBERS AND NON MEMBERS TO ENJOY. THESE DAYS WILL BE ADVERTISED ON OUR SOCIAL MEDIA COMING UP TO THE HALF TERM BREAKS. THESE ARE A GREAT WAY FOR ATHLETES TO SOCIALISE IN A RELAXED ENVIRONMENT AND MAKE NEW FRIENDS.



# THE COACHING STAFF



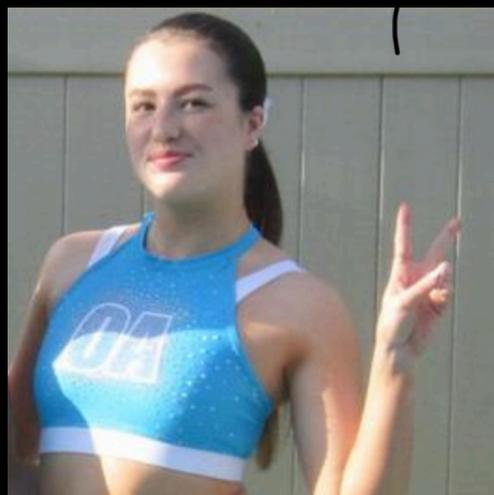
MIKE



CHARLOTTE



MACEY



MACARTHYT



SAM



ASH



IZZY

# SUMMER SESSIONS & NEXT STEPS:

HERE AT OA WE COMPACT OUR JULY & AUGUST TRAINING SESSIONS INTO AN INTENSIVE DAY/FEW DAYS FOR OUR TEAMS TO ENSURE EVERYONE CAN HAVE TIME TO ENJOY THEIR SUMMER HOLIDAYS IN FULL. OUR JULY AND AUGUST SUMMER SCHEDULE IS LISTED BELOW:

JULY TEAM SUMMER SESSIONS WEEK: 23/07/2025 - 29/07/2024

AUGUST TEAM SUMMER SESSIONS: 22/08/2025 - 31/08/2024

TEAM	JULY SESSION/S	AUGUST SESSION/S
VENGEANCE	FRIDAY 25 <sup>TH</sup> JULY 10:30AM-2PM	TUESDAY 26 <sup>TH</sup> AUGUST 10:30AM-2PM
TEACUPS	TUESDAY 29 <sup>TH</sup> JULY 12PM-4PM	SUNDAY 31 <sup>ST</sup> AUGUST 12PM-4PM
RUSH	TUESDAY 29 <sup>TH</sup> JULY 10AM-4PM	SUNDAY 31 <sup>ST</sup> AUGUST 10AM-4PM
STEALTH	WEDNESDAY 23 <sup>RD</sup> JULY 10AM-4PM THURSDAY 24 <sup>TH</sup> JULY 5PM-8PM	FRIDAY 22 <sup>ND</sup> AUGUST 5PM-8PM TUESSDAY 26 <sup>TH</sup> AUGUST 10AM-4PM
NEMESIS	WEDNESDAY 23 <sup>RD</sup> JULY 10AM-4PM	TUESDAY 26 <sup>TH</sup> AUGUST 10AM-4PM
SWARM	SUNDAY 27 <sup>TH</sup> JULY 10AM-4PM TUESDAY 29 <sup>TH</sup> JULY 6PM-9PM	SUNDAY 24 <sup>TH</sup> AUGUST 10AM-4PM WEDNESDAY 27 <sup>TH</sup> AUGUST 6PM-9PM
AXIS	SATURDAY 26 <sup>TH</sup> JULY 10AM-4PM MONDAY 28 <sup>TH</sup> JULY 6PM-9PM	SATURDAY 23 <sup>RD</sup> AUGUST 10AM-4PM FRIDAY 29 <sup>TH</sup> AUGUST 6PM-9PM
VORTEX	MONDAY 28 <sup>TH</sup> JULY 5PM-9PM	FRIDAY 29 <sup>TH</sup> AUGUST 5PM-9PM
X	SUNDAY 27 <sup>TH</sup> JULY 10AM-4PM TUESDAY 29 <sup>TH</sup> JULY 6PM-9PM	SUNDAY 24 <sup>TH</sup> AUGUST 10AM-4PM WEDNESDAY 27 <sup>TH</sup> AUGUST 6PM-9PM

# NEXT STEPS:

READ AND COMPLETE YOUR REGISTRATION & MEMBERSHIP FORMS WHICH CAN BE FOUND ON OUR WEBSITE.  
THERE WILL BE 5 FORMS TO DO:

MEMBERSHIP  
TRAINING KIT SIZING  
MEDICAL & LIABILITY  
ATHLETE CODE OF CONDUCT  
PARENT CODE OF CONDUCT

RETURN THE ABOVE FORMS AND MAKE PAYMENT OF £110 FOR YOUR MEMBERSHIP PACK ON YOUR FIRST SUMMER TRAINING DAY SO WE CAN ENSURE ALL SIZES ARE ORDERED IN THE AIM TO HAND THEM OUT AT THE AUGUST SUMMER SESSIONS.

WITH THE SUMMER SESSIONS COMMENCING 23RD JULY 2025.  
(IF YOU CANNOT ATTEND YOUR FIRST SUMMER TRAINING DAY PLEASE ARRANGE TO GET THE ABOVE INTO THE GYM BEFORE SO).

SET UP YOUR STANDING ORDER FOR TRAINING FEES FOR YOUR NEW TEAMS FOR THE 1ST OF EACH MONTH STARTING FROM AUGUST 2025 THROUGH UNTIL JULY 2026. NEW ATHLETES TO OA SHOULD PAY THEIR ONE OFF JULY FEE TOO.

